

Speaker + Author
Meredith Barnes

"Meredith Barnes is relatable, honest, and holds your attention. She is to the point while still being entertaining! I look forward to hearing her again soon!" Emily L. (MOMcon attendee)



Topics



4 TRUTHS ABOUT TIME FOR THE BUSY WOMAN



WHEN GOD SAYS NO: OVERCOMING DISAPPOINTMENT



LOOKING FOR LESS (IN A WORLD THAT DEMANDS MORE)



CREATIVE WAYS TO SAVE: OUT OF THE BOX BUDGETING

...and more!

About Meredith

Meredith Barnes believes that every day has the opportunity to have purpose and joy! She lives in Southern California with her husband, Ben, and her three sons.

Highlights:

- MOMcon + MOPs speaker
- Author of 3 devotionals, *In His Hands* Prayer Journal + 2 Bible Studies
- Retreat speaker + MC

Available for:

- Events, small groups, retreats, workshops, conferences, virtual events, and more!

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